

The 2007 California Men's Indoor Track and Field Best Times and Marks

* NCAA automatic qualifier, # NCAA provisional qualifier, ^ Indoor school record, % Freshman record, (A) Altitude adjustment

As of March 11, 2007

Event (Auto./Prov. Qualifier) Meet Time/Mark PR

60m (6.62/6.74)

Steven Conrad	Roger Cox Multis	7.05 (A)	6.91
Brandon Hampton	Husky Classic	7.07	7.07
Jordan Paul	Husky Classic	7.30	7.30
Justin Forsett	Hampton Inn & Suites Classic	7.31	7.22
Kyle Mills-Bunje	Roger Cox Multis	7.30 (A)	7.30
Jonas Hallgrimsson	MPSF Indoor Championships	7.69	7.53

200m (21.08/21.48)

Jake Hanson	MPSF Indoor Championships	22.06	22.06
Nestor Solis	Husky Classic	22.38	22.16
Jordan Paul	MPSF Indoor Championships	22.52	22.47
Thomas Mack	Dan DeHart Invitational	22.59	22.28
Alex Beitashour	Husky Classic	22.72	22.48
Brandon Hampton	Husky Classic	22.75	22.75

400m (46.45/47.65)

Nestor Solis	Husky Classic	48.12	47.57
Jonathan Suddaby	Dan DeHart Invitational	49.54	47.79
Alex Beitashour	Husky Classic	50.58	49.34

800m (1:48.40/1:50.50)

Sean Carey	MPSF Indoor Championships	1:50.21#	1:50.21
Francis Gadayan	Husky Classic	1:51.95	1:51.95
Andres Perezchica	MPSF Indoor Championships	1:53.26	1:53.26
David Torrence	Husky Classic	1:53.40	1:53.40
Kevin Davis	Husky Classic	1:53.90	1:53.90

Mile (3:59.80/4:04.80)

David Torrence	Husky Classic	4:01.80*	4:01.80
Kevin Davis	Husky Classic	4:02.02*	4:02.02
Eric Lee	Husky Classic	4:11.94	4:11.94

3000m (7:55.30/8:06.30)

Giliat Ghebray	MPSF Indoor Championships	7:56.51#	7:56.51
Yosef Ghebray	MPSF Indoor Championships	8:05.25#	8:05.25
David Torrence	Dan DeHart Invitational	8:19.78 (A)	8:19.78
Kevin Davis	Dan DeHart Invitational	8:19.79 (A)	8:07.89

5000m (13:49.90/14:11.90)

Chris Chavez	MPSF Indoor Championships	14:34.70	14:34.70
Steve Sodaro	MPSF Indoor Championships	14:39.27	14:39.27

60m Hurdles (7.70/7.91)

Thomas Mack	MPSF Indoor Championships	7.96^	7.96
Craig Gallimore	Husky Classic	8.16	8.16
Jordan Paul	MPSF Indoor Championships	8.24	8.18
Steven Conrad	Roger Cox Multis	8.50 (A)	8.50
Jonas Hallgrimsson	Roger Cox Multis	8.84 (A)	8.52
Kyle Mills-Bunje	Roger Cox Multis	8.82	8.82

4x400m Relay (3:08.10/3:12.00)

Solis, Suddaby	MPSF Indoor Championships	3:14.52	
Hanson, Gadayan			
Solis, Suddaby,	Dan DeHart Invitational	3:15.99	
Hanson, Gadayan			
Solis, Suddaby	Hampton Inn & Suites Classic	3:17.50	
Beitashour, Gadayan			
Solis, Gadayan	Husky Classic	3:18.05	
Mack, Hanson			

Distance Medley Relay (meters: 9:36.20/9:47.90)

Torrence, Solis,	NCAA Indoor Championships	9:33.77^
Gadayan, Davis		
G. Ghebray, Solis	MPSF Indoor Championships	9:34.99#
Gadayan, Davis		

High Jump (2.24/2.16)

Ed Wright	MPSF Indoor Championships	2.20m (7-2.5)#^	2.20m (7-2.5)
Kyle Mills-Bunje	Roger Cox Multis	1.90m (6-2 3/4)	1.90m (6-2 3/4)
Steven Conrad	MPSF Indoor Championships	1.86m (6-1 1/2)	1.93m (6-4)
Jonas Hallgrimsson	Roger Cox Multis	1.84m (6-0 1/2)	2.00m (6-6 3/4)

Long Jump (7.85/7.50)

Steven Conrad	Roger Cox Multis	6.82m (22-4 1/2)	7.37m (24-2 1/4)
Jonas Hallgrimsson	Roger Cox Multis	6.60m (21-8)	7.03m (23-0 1/2)
Kyle Mills-Bunje	Roger Cox Multis	6.54m (21-5 1/2)	6.54m (21-5 1/2)
Charles Amadi	Husky Classic	6.33m (20-9 1/4)	6.33m (20-9 1/4)

Triple Jump (16.10/15.40)

Charles Amadi Husky Classic	14.58m (47-10)	14.58m (47-10)
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Shot Put (19.30/17.75)

Craig Kent	Dan DeHart Invitational	16.91m (55-5 3/4)	17.73m (58-2)
John Ludden	MPSF Indoor Championships	16.60m (54-5 1/2)	16.60m (54-5 1/2)
Jonas Hallgrimsson	Hampton Inn & Suites Classic	13.27m (43-6 1/2)	13.54m (44-5 1/4)
Steven Conrad	Roger Cox Multis	12.49m (40-11 3/4)	12.49m (40-11 3/4)
Kyle Mills-Bunje	Roger Cox Multis	12.22m (40-1 1/4)	12.22m (40-1 1/4)

Weight Throw (21.50/19.50)

John Ludden	Husky Classic	18.03m (59-2)	18.03m (59-2)
Zak Thomas	MPSF Indoor Championships	16.93m (55-6 1/2)	17.32m (56-10)

Pole Vault (5.50/5.20)

Ryan Shuler	Dan DeHart Invitational	5.07m (16-7 1/2)	5.07m (16-7 1/2)
Steven Conrad	Roger Cox Multis	4.50m (14-9)	4.50m (14-9)
Jonas Hallgrimsson	Roger Cox Multis	4.50m (14-9)	4.50m (14-9)

Heptathlon (5650/5300)

Steven Conrad	Roger Cox Multis	5,259	5,259
Jonas Hallgrimsson	MPSF Indoor Championships	4,860	5,437

The 2007 California Women's Indoor Track and Field Best Times and Marks

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As of March 11, 2007

60m (7.27/7.44)

Angie Pressey	Husky Classic	7.62	7.56
Cameo Motley	MPSF Indoor Championships	7.80	7.80
Kandi Bonty	Husky Classic	7.82	7.77
Kristin Holmes	Dan DeHart Invitational	7.92 (A)	7.92
Brook Turner	Hampton Inn & Suites Classic	7.94	7.94
Kimyon Broom	Dan DeHart Invitational	8.01 (A)	8.01

200m (23.50/24.10)

Brook Turner	MPSF Indoor Championships	24.54	24.51
Kandi Bonty	Husky Classic	24.92	24.63
Cameo Motley	MPSF Indoor Championships	25.10	25.10
Evelyn Smith	MPSF Indoor Championships	25.12	25.12
Kristin Holmes	MPSF Indoor Championships	25.38	25.38
Kimyon Broom	Husky Classic	25.71	25.71

400m (52.70/54.70)

Alysia Johnson	Dan DeHart Invitational	54.48#	53.01
Brook Turner	MPSF Indoor Championships	54.61#	54.06
Kandi Bonty	MPSF Indoor Championships	56.61	56.61
Francesca Weems	MPSF Indoor Championships	56.75	56.75
Evelyn Smith	Dan DeHart Invitational	57.01	57.01
Katie Cartwright	Hampton Inn & Suites Classic	1:01.05	1:01.05

800m (2:05.60/2:09.40)

Alysia Johnson	NCAA Indoor Championships	2:03.47^	2:01.80
Mackenzie Pierce	Husky Classic	2:08.72#	2:06.45
Tifani Grimes	MPSF Indoor Championships	2:33.64	2:29.50

3000m (9:15.80/9:34.80)

Bridget Duffy	Husky Classic	9:55.52	9:39.26
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5000m (16:09.60/16:43.60)

n/a

Mile (4:40.60/4:48.60)

Bridget Duffy	MPSF Indoor Championships	4:55.58	4:49.04
Rowena Tam	MPSF Indoor Championships	5:01.49	5:01.49

60m Hurdles (8.15/8.43)

Kimyon Broom	Husky Classic	8.50	8.50
Tifani Grimes	Dan DeHart Invitational	9.08	9.08

4x400m Relay (3:34.20/3:41.20)

E. Smith, Turner	MPSF Indoor Championships	3:37.64#^	
Pierce, A. Johnson			
E. Smith, A. Johnson,	Husky Classic	3:43.69	
Pierce, Turner			

Distance Medley Relay (meters: 11:11.00/11:32.00)

Tam, Weems	MPSF Indoor Championships	11:48.20	
A. Johnson, Duffy			

High Jump (1.84/1.78)

Inika McPherson	NCAA Indoor Championships	1.83m (6-0)^	1.88m (6-2)
Tifani Grimes	Dan DeHart Invitational	1.72m (5-7 3/4)	1.73 (5-8)

Long Jump (6.40/6.10)

Tracey Stewart	Dan DeHart Invitational	5.81m (19-0 3/4)	5.81m (19-0 3/4)
Lollie Onipede	Hampton Inn & Suites Classic	5.74m (18-10)	5.74m (18-10)
Mercedes Marchbanks	Hampton Inn & Suites Classic	5.53m (18-1 3/4)	5.53m (18 1/4)
Cassandra Strickland	Husky Classic	5.53m (18-1 3/4)	5.91m (19-4 3/4)
Artensia Young	Husky Classic	5.37m (17-7 1/2)	5.78m (18-11 3/4)
Tifani Grimes	MPSF Indoor Championships	5.36m (17-7)	5.63m (18-5 3/4)
Angie Pressey	Husky Classic	5.34m (17-6 1/4)	5.94m (19-6)

Triple Jump (13.30/12.65)

Cassandra Strickland	Dan DeHart Invitational	13.19 (43-3 1/4)	13.19 (43-3 1/4)
Artensia Young	Dan DeHart Invitational	12.61m (41-4 1/2)	12.61m (41-4 1/2)
Tracey Stewart	MPSF Indoor Championship	12.22m (40-1 1/4)	12.725m (41-9)
Lollie Onipede	Hampton Inn & Suites Classic	12.07m (39-7 1/4)	12.07m (39-7 1/4)
Mercedes Marchbanks	MPSF Indoor Championships	11.94m (39-2 2/5)	11.94m (39-2 2/5)

Pole Vault (4.20/3.95)

Taylor Franklin	MPSF Indoor Championships	3.65m (11-11 3/4)	3.81m (12-6)
Teresa Raub	Dan DeHart Invitational	3.57m (11-8 1/2)	3.66m (12-0)

Shot Put (16.90/15.20)

Missy Faubus	Husky Classic	15.05m (49-4 1/2)	16.17m (53-0 3/4)
Kelechi Anyanwu	MPSF Indoor Championships	14.97m (49-1 1/2)	14.97m (49-1 1/2)
Emilee Strot	MPSF Indoor Championships	14.97m (49-1 1/2)	14.97m (49-1 1/2)
Daisy Van Ravenswaay	MPSF Indoor Championships	13.74m (45-1)	14.93m (48-11 3/4)
Tifani Grimes	Husky Classic	10.73m (35-2 1/2)	10.74m (35-3)

Weight Throw (21.00/19.00)

Daisy Van Ravenswaay	MPSF Indoor Championships	15.47m (50-9 1/4)	15.47m (50-9 1/4)
Emilee Strot	MPSF Indoor Championships	14.86m (48-9)	14.86m (48-9)
Missy Faubus	Hampton Inn & Suites Classic	14.84m (48-8 1/4)	15.01m (49-03)

Pentathlon (4050/3700)

Tifani Grimes	MPSF Indoor Championships	3,657	3,754
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